NAMI Basics

The fundamentals of caring for you, your family, and your child with mental illness

Free education course offered for Parents/caregivers of children and adolescents with mental health issues. Classes include:

- The trauma of mental illness for the child and family
- The biology of mental illness: getting an accurate diagnosis
- The latest research on the medical aspects of the illness and advances of treatment.
- An overview of treatment options—treatment works
- The impact of a child's mental illness on the rest of the family—caregivers and siblings
- An overview of the systems involved in caring for the children and teens

Course consist of 6 classes that meet weekly starting February 19th at Rocky Mountain Development Council. Contact person: Pamela 443-3113 Hosted By Helena Area Kids Management Authority (KMA)













Call or email for more information:
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